

HEALTH+

BIOMETRIC SCREENINGS

Detect & Prevent

As part of our Health+ offering, Garnet can provide routine biometric screening of employees. This is not only a box to check for the self-insured employer, these screenings are an important tool to detect and prevent health issues. A regular assessment of an individual's health provides valuable insight on current medical issues and the risk for chronic conditions such as diabetes, heart disease, and hypertension.

COST: \$65/employee

Average annual cost to treat:

Hypertension \$900
Type 2 Diabetes. . . . \$17,000
Heart Disease \$19,000

Prevention and early detection matter.



HEALTH+ BIOMETRIC SCREENINGS INCLUDE

- Weight
- Height
- Abdominal Girth
- Vital Signs
- Labs: Random total cholesterol, Glucose, HCB
- Mental health, safety, and substance abuse questioning
- **Immediate counseling on findings**